



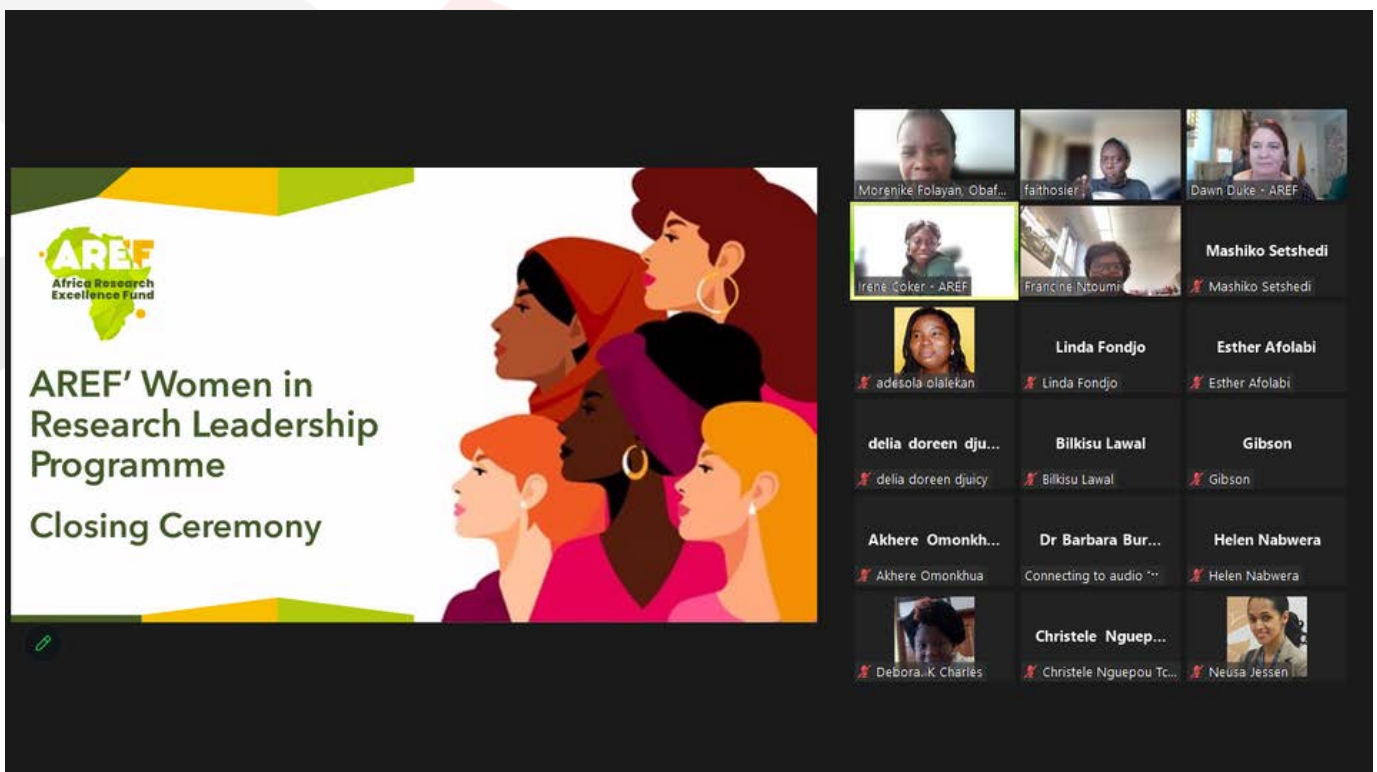
February - March 2023

## Researchers Head Towards Leadership; Women Leadership Program Comes to a Successful Conclusion

The Women Research Leadership Program supported by CCC and run by the African Research Excellence Fund (AREF) was successfully completed at the end of January 2023. The Program was launched in August 2022 to address the research needs of 20 early career women health researchers from 10 Sub-Saharan African countries. It consisted of eight virtual three-hour sessions, and was delivered by a team of expert facilitators, co-facilitators and guest speakers who are all experts in their respective fields and who have range of experiences in career development, research strategy, developing international profiles and winning grant funding.

Besides the training sessions, the women researchers attended action learning groups where they shared their specific career challenges and received support, reflective guidance and advice from their fellow participants and AREF facilitators. In addition, they were all assigned individual mentors to support them in their career development and building their research teams as well as obtaining funding for their research interests.

In the closing ceremony of the program, CCC's CSR Consultant; Rosie Nasser said: ***"We are very proud of our collaboration with AREF and of our support to such initiatives that equip African researchers with the knowledge and expertise required to be future experts in health and biomedical research. Only through research and innovation can we find medical solutions and treatments to various diseases and illnesses."***



The program helped the early career women establish themselves as research leaders, address their obstacles and reach their target goal of soliciting funding and support for their research objectives. **“AREF’s programmes for women are amazing and provide much needed opportunity for women to learn how to maximize their potentials in the face of varying challenges”** said one of the research participants. The program did not only develop the women researchers’ skills, but also built their confidence, and enabled them to identify and build their own research teams, develop their profiles and their personal leadership styles.

In the closing ceremony, Professor Sir Tumani Corrah, AREF’s Founder and co-President, in addition to highlighting the significant gaps between men and women in research leadership, he also encouraged the cohort of women and thanked CCC by saying **“I had never, in my wildest dreams, thought that this was a possibility. But first, let me thank Samer Khoury, who’s a friend of mine and also Rosie Nasser from CCC. The first conversation I ever had with Samer resulted in him, giving a donation to AREF at the very beginning, the teething stage of the development of AREF. I must say he is one of the foundation stones that has enabled us to do what we are doing today.”**

The Program provided the 20 post-doctoral research scientists women with the opportunity to not only visualize themselves as leading research scientists, but also the opportunity to openly discuss and find solutions and share strategies to deal and overcome gender bias in their professional careers, as well as to begin to lead the research agenda that truly affects Africa’s health.

## Job Training and Placement Program for Saudi Women



To secure and improve Saudi women’s employability chances, the **Economic Empowerment for Saudi Women** project was launched by Education for Employment (EFE) last April to do just that. The 12-month project came to a successful conclusion end of March 2023, by graduating 25 women from EFE’s signature Job Training and Placement Program. Aisha Alanazi, one of the graduated participants, said: **“Thanks to the inspiring trainer and the trainees, we benefited greatly and enjoyed the training program. I hope for everyone’s success. Thank you, CCC.”**

The program was delivered by one of EFE’s certified trainers and included the following modules with intensive exercises and practices: navigating the learning platform, effective communication using virtual platforms, team adaptability and efficiency form, time management and task prioritization, emotional intelligence, client excellence, and labor education. **“There is always a new beginning ahead. Thank you, EFE, and CCC for this opportunity, the beautiful presentation, and the excellent course”** said Rawan Alharbi, another program graduate.



During the project CSR in Saudi Arabia was closely following up on the progress of activities and Mr. Fahad El Eissa, CSR Committee Member was invited to give a small talk to the women during the graduation ceremony.

## Boosting Morale and Building Awareness on World Cancer Day in the UAE

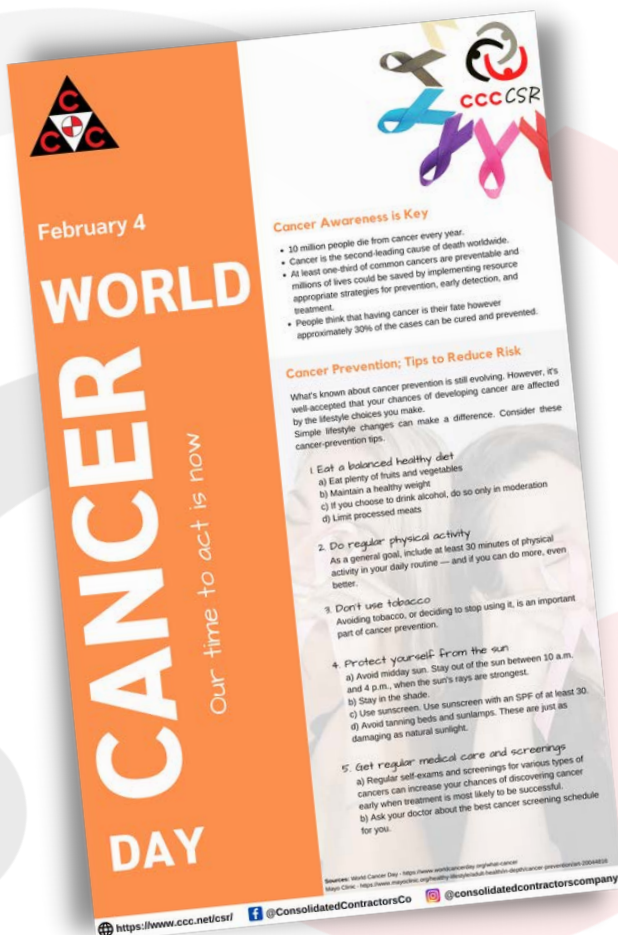


On World Cancer Day, a group of CCC volunteers visited cancer patients at Burjeel Hospital in Abu Dhabi to increase their confidence and boost their morale. The volunteers also distributed brochures at Deerfields Mall to raise awareness on ways to reduce cancer risk, such as having regular examinations, eating a healthy balanced diet, regular physical activity, protection from the sun, and avoiding tobacco use.

## Preventing the Risk of Cancer Awareness Day in Qatar

On World Cancer Day, an awareness campaign about decreasing the risk of cancer was carried out in all Qatar projects and employees were asked to share the information with their families. A factual poster about cancer prevention was distributed amongst all employees who shared their photos on social media.

In the Upgrade Mesaimeer Road Project (UMRP) for example, information was distributed and discussed using a toolbox talk with more than 700 employees who were engaged in discussion about precaution measures such as regular physical activities, eating healthy, cutting of tobacco use, using sun protection, doing regular check-ups and screenings. In UMRP employees organized a “picture of excellence” activity where employees took photos holding various tips on ways to decrease the risk of cancer.



# International Women's Day; Embracing Equity at the Workplace

## #EmbraceEquity



Celebrating women's achievements and increasing visibility while calling out inequality is key. This year for International Women's Day, CCC chose to **Embrace Equity** at the workplace and celebrated its women employees by holding various events to appreciate their dedication and achievements. In Egypt, Kazakhstan, Saudi Arabia, and Lebanon small get-togethers were organized, and appreciation gifts and flowers were distributed. The Day was also celebrated by recognizing 7 of its women employees from various areas of operation for their devotion and distinction in job performance. The nominated women were **Nancy Ammar** from Egypt, **Rita Salloum Abi Aad** from Greece, **Dina Nasser** from Lebanon, **Vasiliki Valogianni** from Qatar, **Modhi Alsubaie** from Saudi Arabia, **Lyazzat Iskandyrova** from Kazakhstan, and **Claris Ijeoma Anyahara** from Nigeria.

In a message sent out to all employees, Samer Khoury; CCC's Chairman said: *"International Women's Day is a day to celebrate and recognize women's social, economic, and political achievements everywhere. For CCC, I call on all of us to embrace equity, equality, and diversity at CCC and build a working place where women can prosper and succeed."* He wished everyone a happy women's day and applauded the 7 nominated ladies for their excellence and dedication.



Egypt



Lebanon



Saudi Arabia



Greece



Kazakhstan

## International Women's Day in the UAE

In the UAE, a group of CCC women employees celebrated the day by participating in the events taking place at the Women Pavilion at Expo City in Dubai where they distributed awareness brochures to enhance the role of women in society, highlight their achievements and recognize women as strong contributors to social, and economic progress. Their participation in the events allowed them to exchange views on women's role and values and rights in society as well as support Emirati projects initiated by young girls by purchasing products to support their work and distributing them as gifts to Expo visitors.



## Blood Donation: For the donor, it's a benefit, for the sick it is the Hope of Life

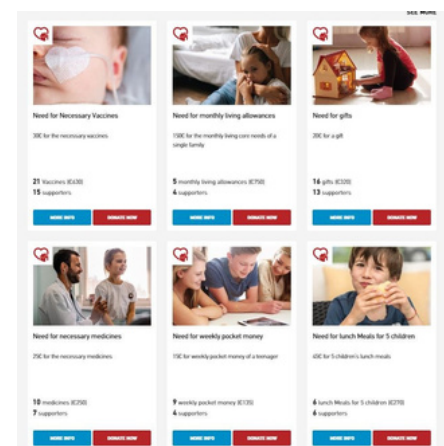


On February 27, in cooperation with the King Faisal Specialist Hospital and Research Center, CSR in Saudi Arabia organized a blood donation day at the Riyadh Metro Project in South Village. Blood donors included CCC employees and employees of CCC's partner companies. The total volume of 11,700 ml. donated will go toward the hospital's cancer patients.

One out of every ten patients entering a hospital needs blood transfusion, especially accident patients and those undergoing major surgeries. Besides saving lives, donating blood benefits the donor by reducing the thickness of your blood, allowing it to flow more easily through the body to reach the heart. A study published by the American Journal of Epidemiology, found that people who donated blood had an 88% lower risk of suffering a heart attack.

## CCC Volunteer Provides Crowdfunding Assistance

To support the Smile of the Child NGO in its mission to support children and families living in dire conditions and financial difficulties, Nabil Najjar, Senior Project Engineer, translated a document about four children's social situation to help the NGO in crowdfunding for their needs. The current needs include monthly living allowances, costs of medicines and vaccines, and gifts for the children that Smile of the Child is supporting. Najjar's translation into Arabic will expand the NGO's crowdfunding outreach.



## Volunteering for a Purpose



From the 20th to the 25th of February, 11 volunteers assisted **Education Above All (EAA)** in Doha's 2023 Jewelry and Watch Exhibition to fundraise money to support marginalized children's education and change the future of many. Organized into morning and evening shifts, the volunteers helped by providing information about EAA's mission and selling the 30 pieces of bespoke jewelry designed by Valentino. The jewelry on display included gold earrings, leather, and metal bracelets donated 100% to EAA and designed with Valentino's classic "V", Swarovski crystals, and EAA's Educate a Child Program logo. In addition, the jewelry pieces will also be sold in Valentino's stores, and 30% of the sales will be donated to EAA.



CCC's volunteers had a great experience for a wonderful cause, and they were glad to contribute to EAA's mission of raising awareness about funding support for children in need. The effort also contributed to achieving the UN's Sustainable Development Goals of Quality Education (Goal #4) and the Goal for Partnerships (Goal #17).

## "Plant a Tree today for a Better Tomorrow"



On March 6, CCC's volunteers participated in the Tree Planting initiative organized by Qatar Energy at the Greenbelt Area of Ras Laffan Industrial City (RLIC). The initiative brought together volunteers from nine companies who planted 600 tree saplings, of which 185 were planted by CCC's 39 volunteers. The organizers facilitated the activity by preparing the pits and providing all volunteers with water, planting tools, and saplings from the Ministry of Municipality and RLC's nurseries.

Involvement in such environmental activities and engaging employees reiterates CCC's commitment towards environmental sustainability and raising awareness about the significance of such as activity as tree planting in reversing the effects of climate change. In turn, every sampling planted by volunteers will contribute to improving the quality of air that future generations will breathe, as tree plants remove carbon dioxide from the air and release oxygen.



## CCC Volunteers Participate in Preserving the Natural Environment in Qatar



On March 9, 108 CCC volunteers from North Field Expansion (NFE) and Ras Laffan Petrochemicals Project (RLPP) participated in cleaning the Northern Beach at Ras Laffan Industrial City. The Beach Clean-up Drive was organized by Qatar Energy and all participating volunteers from several companies cooperated and worked tirelessly to clean the beach from plastics, pieces of wood, rubbers, cans, glass, and other wastes. Their work and effort were appreciated as they directly contributed to removing toxic chemicals from the trickling down to the sea and protecting marine animal habitat especially the rare species of sea turtles.



## Pre Ramadan Goals4Good Football Tournament

In its efforts to raise funds for its educational programs for children in need in Qatar and globally, **Education Above All** (EAA) Foundation organized a girls and boys football tournament and an art competition which took place on March 10 at Doha College. Ten CCC volunteers participated in the event by volunteering their time to assist in the registration and seating of players and spectators, distribution of food and water to the players, and assisting in the safety exit of tournament attendants. The event brought together students, teachers, and parents from more than 34 schools of which 3 schools that serve children with disabilities.



All the proceeds raised from the event will go towards educating disadvantaged children worldwide. Atta Mohiuddin, one of CCC's active volunteers said ***"I really enjoyed and was honored to volunteer for a such a noble cause. Thanks to the CSR team for such an opportunity."*** Besides raising funds, the tournament addressed 3 of the UN Sustainable Development Goals (SDGs): Quality Education (SDG 4), Good Health and Wellbeing (SDG 3), and Partnerships for the Goals (SDG 17).



## Clean-up of the Ural River in Atyrau and Treatment Plants in Tengiz Field - Kazakhstan

On March 21, and before the snow meltdown, a group of CCC volunteers cleaned-up the water protection zone around the Ural River to prevent waste from flowing into a river which is considered one of the main waterways of the Atyrau region. The volunteers worked tirelessly to collect 4 tons of waste (plastics, bottles, and other household products) before the spring flooding in an effort to protect and improve the ecological condition of the river. The collected waste was delivered to the garbage dump of Atyrau.

On the same day another group of volunteers in Tengiz 25 field also carried out a clean-up activity and collected around 300 kgs. of household waste and mowed and removed 200 kgs. of dried out grass around the water storage and sewage treatment plants of the residential base in the Tengiz field and the Abai residential bases.





## STAYING SAFE IN THE WATER

SAFETY AT SEA, AT THE SWIMMING POOL & IN WATER SPORTS E-PLATFORM FOR CHILDREN

Given the high number of drownings and water related accidents worldwide, it is vital for children to learn about safety rules at a young age. Safe Water Sport Organization in Greece has produced a fun educational Program that teaches children about safety in a creative way, entitled: **SAFETY AT SEA, IN WATER SPORTS AND IN THE SWIMMING POOL**, and is now available online through an E-Platform.

### THE PROGRAM

- Targets 2nd grade to 6th grade students and has been approved by the Ministry of Education in Greece & Cyprus and is included in the official curriculum of school program at schools in Greece.
- Includes activities, videos, and interactive games that combine learning and fun and covers the basic safety guidelines for safety at sea, in the swimming pool, or doing water sports.
- It is available online in Greek, English and thanks to the Volunteers of CCC, it is now available in **Arabic**.
- Access to the Program is Free



Keep your children safe from water related accidents & register them on the E-Platform via 3 easy steps:

### REGISTRATION

- Register in the [e-learning platform](#) by choosing "Educational Program SWS in Arabic-Primary Schools".
- The registration will be approved by Safe Water Sports Organization and give you access to the e-learning platform.
- Sign in with a username and password.



Safe Water Sports is a non-profit organization in Greece, founded in June 2015 with the interest of providing information and raising awareness to the general public on safety matters related to recreational water activities and water sports with great emphasis on safety standards and the prevention of drownings and sea-based accidents.

## Staying Safe in The Water E-Platform for Children

Given the high number of drownings and water related accidents worldwide, CSR in 2021 cooperated with Safe Water Sports (SWS) organization by recruiting CCC volunteers to help in translating 4 mini-educational books for children as well as the content of an on-line program about safety at sea, at the swimming pool and in water sports. All material was translated into Arabic with the mission of reaching out to children in the Middle East and Arab region. CSR has also provided SWS with name of schools in the Arab region for them to contact and introduce the program to schools.

**The Safety at Sea, in Water Sports and in the Swimming Pool Program** is a fun educational program that teaches children about safety in a creative way. It aims to increase children's awareness about safety measures and prevent sea-related accidents among children. It targets 2nd grade to 6th grade students and has been approved by the Ministry of Education in Greece & Cyprus and is included in the official curriculum of school program at schools in Greece. It Includes activities, videos, and interactive games that combine learning and fun and covers the basic safety guidelines for safety at sea, in the swimming pool, and while doing water sports.

In February of 2023, CSR globally announced the launching of the program platform amongst CCC staff to encourage their kids to register and benefit from its free accessibility.

## Celebrating National Sports Day in Qatar

On National Sports Day and to promote healthy living among its employees, CCC held a Sports Tournament in its project camps. For Qatar, the second Tuesday of February is a national holiday dedicated to promoting a healthy lifestyle among its population, making Qatar one of the few States to dedicate a day off for sports.

This year on February 14, and to encourage everyone at CCC to participate in the events of that day, a Sports Tournament was organized where staff members competed in various sports such as volleyball, basketball, cricket, tug of war, table tennis, as well as billiards and the winners received prizes and cups. In addition, some employees participated in a Workers' Marathon organized by the Private Engineering Office and NAAAS. The sports events were enjoyed by everyone creating employee bonding and highlighting the positive impact of sports on one's mental and physical health.



## Saudi Foundation Day and Carnival - Saudi Arabia



On February 22, CCC organized event to celebrate Saudi Arabia's Foundation Day and a carnival at its Riyadh Metro Project. The event was inaugurated by South Village Manager; Mohammed Kanso who presented a short message on the relevance of the Foundation Day. The speech was followed with games, music, and a traditional folkdance performed by the Pashtun community. The celebration ended with the cutting of a cake in an atmosphere of team amity and camaraderie.

## Sports and Culture Play a Significant Role in Strengthening team spirit at Tengiz Field

On March 23, a sports and cultural event was organized on the Nayruz national and public holiday. The events included a sports competition, a traditional dinner and dance for all workers who were invited to create their teams to compete against each other in various sports games such as futsal, table tennis, tug of war, and arm wrestling. Nayruz holiday for Kazakhs marks the beginning of a new year and symbolizes goodness, wealth, happiness, love and a great friendship day.



The event brought together all workers who besides playing games, sang, danced, and enjoyed the festive dinner in the presence of the Project Director; Majdi Taher and Contract Manager Mohamad Abu Rajab as well the Trade Union Chairman, Zhaksylyk Musepov who gave a keynote speech and presented certificates and gifts to the winners of the sports competition. The festivities of the event strengthened bonding of employees who came together to celebrate the friendship and comradeship and to live the spirit and meaning of Nayruz.



## Celebration of Saudi Flag Day



In celebration of Saudi Arabia's Flag Day, a celebratory event was organized and sponsored by Bank Al Habib and Enjaz Bank at Riyadh Metro Project on March 12. The event included a game competition show and the distribution of prizes to the winners including an air ticket to Pakistan. The celebration and the game show entertainment were attended by all camp residents, management, and senior officials of both banks.



# BE THE CHANGE YOU WANT TO SEE IN THE WORLD



Have you heard the ancient story of the hummingbird who carries drops of water to help put out a great fire?



The other animals laugh at her, but the hummingbird replies, "I'm doing what I can".

**Be like the hummingbird!**

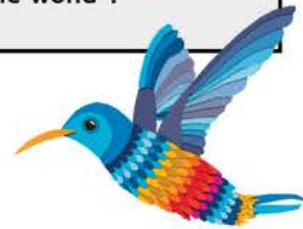


The idea is that whatever you do, however small, will make a difference.



## HAVE A GREAT #WORLDWATERDAY ON 22 MARCH!

The World Water Day campaign is asking us to "Be the change you want to see in the world".



### CHOOSE YOUR ACTIONS:

**Save water:** Take shorter showers and don't let the tap run when brushing your teeth, doing dishes and preparing food.

**Eat local:** Buy local, seasonal food and look for products made with less water.

**Clean up:** Take part in clean-ups of your local rivers, lakes, wetlands, or beaches.

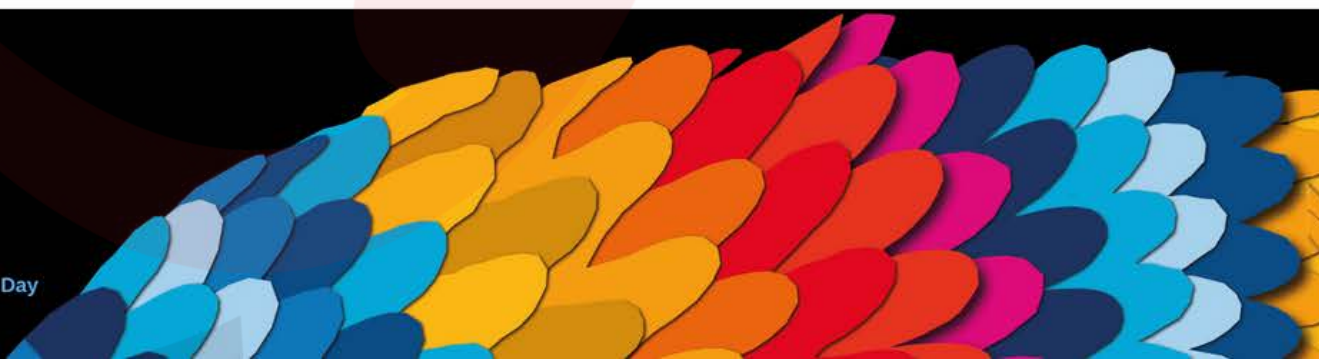
**Be curious:** Find out where the water comes from and how it is shared, and visit a treatment plant to see how the waste is managed.

**Protect nature:** Plant a tree or create a rain garden – use natural solutions to reduce the risk of flooding and store water.

**Flush safe:** Fix leaking water and waste pipes, empty full septic tanks and report dumping of sludge.

**Build pressure:** Write to your elected representatives about budgets for improving water at home and abroad.

**Stop polluting:** Don't put food waste, oils, medicines, and chemicals down your toilet or drains.



**Earthquake Relief  
Appeal for Syria and  
Türkiye**  
**#SimplybecauseweCare**

After the devastating earthquake that struck Türkiye and Syria on February 6, CSR launched a relief appeal among CCC's employees.

**Thanks to all contributors**

your donations will make a difference in alleviating some of the suffering of our fellow human in both countries.

**Anyone still wishing to contribute contact CSR at [CSR@ccc.net](mailto:CSR@ccc.net).**

Your donation however small or big will make a difference in providing lifesaving support such as medical care, shelter, food, and psychological support for the thousands of displaced and injured victims.

**Earthquake  
Relief for  
Syria &  
Turkey**

**#SimplybecauseweCare**

Employees wishing to contribute, however small or big will make a difference in providing lifesaving support for the thousands of displaced and injured victims in Syria and Turkey.

**If interested contact CSR at [csr@ccc.net](mailto:csr@ccc.net) to provide guidance on how to contribute directly to various NGOs**

*Together we can make a difference in relieving some of the suffering...*



**GO GREEN**  
*keep it on the screen!*